

### **Saturday April 13**

#### **Middleburgh Slougher Canoe/Kayak Regatta**

Registration open at 9:00 @ Fultonham parking area on Rte. 30.

Race time is 11:00am,

Pre-registration forms are available at [middleburghrotaryny.org](http://middleburghrotaryny.org), online registration or print and send to the address on the application.

Awards given to 1st, 2nd & 3rd place finishers in the following classes:

Kayak: Male, Female, Student Male, Student Female, and 55+

Canoe: Male-Female, Male-Male, Female-Female, Adult-Student, 55+

Competition Cruisers

This race is slightly over 5 miles through the scenic Schoharie Valley. It starts at the Fultonham Park-n-Ride on Rte. 30 and runs to the Timothy Murphy Park in the Village of Middleburgh on the Schoharie Creek. Free T-shirts are given to early registrants.

Contact: Joan Wissert 585-610-6769

[middleburghcanoerace2019@gmail.com](mailto:middleburghcanoerace2019@gmail.com)

### **Sunday April 14**

#### **Middleburgh Slougher Triathlon/Ironman**

Registration opens at 9:00 @ Timothy Murphy Park on Rt. 30 S and Rt. 145, just outside of Middleburgh.

Race time is 11:00am.

Pre-registration forms available by going to [middleburghrotaryny.org](http://middleburghrotaryny.org), online registration or print and send to the address on the application.

Awards will be given 1st place finishers in the following classes/divisions:

Ironman: Two Divisions - 39 & under, 40 +:

Two Classes - Male, Female

Teams: Two Divisions - 39 & under, 40 +:

Three Classes - Male, Female, Mixed

TEAMS MUST DESIGNATE A CAPTAIN

Division TBD by youngest member of team

Approximate distances: 5 mi. run, 10 mi. bicycle (2 lengths of course), and 5 mi. canoe or kayak. Total course is about 21 miles long through the scenic Schoharie Valley. Race starts with run from Timothy Murphy Park in the Village of Middleburgh. Free T-shirts are given to early registrants.

Contact: Joan Wissert 585-610-6769

[middleburghcanoerace2019@gmail.com](mailto:middleburghcanoerace2019@gmail.com)

### **Saturday April 20**

#### **Upper Susquehanna Pedalers & Paddlers Spring Race**

##### ***NYMCRA Canoe Points Race***

12 and 18 Miles Oneonta, NY

Registration: Begins at 10am at the start.

Pre-race meeting: 11 am,

Classes: All NYMCRA Point classes, Pro, Recreation and Recreation Mixed

**Awards: First three places in each division**

Entry fees: Pre-registration \$20/paddler for amateur and \$25/pro paddler. All pre-registrations must be received by mail prior to race day. Race day registration \$25/ amateur paddler and \$30/pro paddler.

All checks payable to: Upper Susquehanna Pedalers & Paddlers

Mail to: Jeff Shultis, 7 Diane Drive, Otego, NY 13825

Contact: Jeff Shultis: 607-988-7898 or [jrscanoe@aol.com](mailto:jrscanoe@aol.com)

Course description: All classes start at Route 205 Bridge in Oneonta and finish at the Otego fishing access. Recreation classes, C-1W and any class with youth will finish when reaching the Otego access. All other classes proceed to Wells Bridge, turn a buoy and return to the Otego fishing access. Hot food and awards immediately following at the Otego Elementary School.

### **Sunday April 21**

#### **Little River Ramble**

Location: Little River Boat Launch Canton NY

Distance: 2 and 6 miles

Registration: noon

Start time: 1:00

Entry Fee : Adults \$20 - SLVP adult member \$15 - School Age students \$5

Contact: Gene Newman [gnewmanboats@gmail.com](mailto:gnewmanboats@gmail.com)

This early season event is on the Little River, near the St. Lawrence University campus. This low key event is on waters protected by trees and high banks. Course may vary due to water levels.

Please visit [www.slvppaddlers.org](http://www.slvppaddlers.org) for race results, photos and more information.

**Saturday April 27**

**Wappingers Creek Water Derby**

Distance: 8 mi. downstream

On line registration and waivers will be available to download and mail in for discounted prices

<http://aquaticexplorers.org/Pages/Canoe>

[%20Race.html](http://aquaticexplorers.org/Pages/Canoe%20Race.html) or starting at 8 am on race day.

Start time 8:00 am.

Entry fee: \$5 -\$20

No pro-boats allowed, but amateur cruisers OK in CC class

Race starts at Cady Recreation Park in Pleasant Valley, NY and ends at Greenvale Park in the Town of Poughkeepsie.

Contact: Phil Sylvester [Dutydanker@gmail.com](mailto:Dutydanker@gmail.com)

[www.aquaticexplorers.org](http://www.aquaticexplorers.org) for race app.

**Saturday April 27**

**Upper Ashuelot Canoe and Kayak Race**

Start/finish Ashuelot River Park, West St., Keene, NH

11am start

Numerous classes, including Pro (13 miles), Racing (7+ miles), or recreational (4 mile)

NECKRA Points race on a fun, twisting, shallow course

Contact: Peter Heed [pheed72@gmail.com](mailto:pheed72@gmail.com)

603-209-2299

Tim Garland [timgarland74@gmail.com](mailto:timgarland74@gmail.com)

603-762-3996

Michael Fairchild 802-254-7733

**Sunday April 28**

**Run of the Charles, Boston, MA**

Distance: 6-, 9-, 19-, 24-Mile races

Registration times, start times and entry fees vary by race.

Visit <https://www.crwa.org/run-of-the-charles> for more information.

**Wednesdays May 1 thru Sept 18**

**NNYP Wednesday Night Time Trials**

Mohawk River at Rexford, NY (Aqueduct Boat Dock)

Distance: 3.63 miles (5.45km)

Registration time: Any time after 6 before the start.

Start time: 6:30PM

Entry fee: none

Contact: Alec Davis 518-321-6820 text or

[skioften6@gmail.com](mailto:skioften6@gmail.com)

**Saturday May 5 & Sunday May 6**

**Canton Canoe Weekend**

***NYMCRA Canoe Points Races both days***

This is one of the premier canoe race weekends in New York State! There are top-level international competitions in solo and tandem racing canoes and kayaks. The 12 and 14 mile courses are among the most challenging on the marathon race circuit. In addition, there are 1, 3, 5 and 8 mile race events appropriate for the local recreational racer, and a 2 mile team relay race for recreational paddlers. All races are on the Grasse and Little Rivers, with the start and finish at Taylor Park, Canton NY.

Amenities include a children's playground on site, race tee-shirts, FFA chicken barbeque (Sat. only), music by DJ Double Dutch, ample parking, free overnight camping and award ceremonies.

**Start Time: Saturday-**

9:00 Rushton Recreational Events (1-8 miles)

12:30 C-1 Pro (14 miles), C-1 & K-1 (12 miles)

**Sunday-**

9:30 C-2 Pro (14 miles), C-2 Amateur (12 miles)

1:30 Rushton Relay

Entry Fee: \$35 Pro; \$20 Amateur; \$10 College

Student; \$5 School Age

Contact: Gene Newman 315-323-0946

[gnewmanboats@gmail.com](mailto:gnewmanboats@gmail.com)

For more details go to

[www.cantoncanoeweekend.org](http://www.cantoncanoeweekend.org)

**Saturday May 11**

**'Round the Mountain Canoe and Kayak Race  
NYMCRA Canoe & Kayak Points Races**

Start is at the Ampersand Bay Resort on Lower Saranac Lake

Distance: 10.5 mi

Registration: 9:30

Start time: 11:00 am

Entry fee: \$25 per paddler.

Organized by the Adirondack Watershed Alliance. Scenic course around Dewey Mountain.

Contact: Brian McDonnell 518-891-2744  
adirondack90miler@gmail.com

**Wednesdays May 15, June 19, July 17, August 21  
SLVP 3<sup>rd</sup> Wednesday Duathlon Series**

Held on the third Wednesday of May, June, July and August on the Little River in Canton, NY adjacent to the campus of St. Lawrence University. The duathlon consists of a 1.25 mile run, a 1.25 mile paddle and is completed by another 1.25 mile run. The start and finish line is located near the Little River Boat Launch at the Park Street (CR 27) Bridge. Teams consisting of paddlers and runners, or solo participants are welcome. Race registration is free and opens at 6 p.m. The duathlons begin at 6:30 p.m.

Registration: please visit the web site at <https://www.slvpaddlers.org/duathlon>

**Saturday May 18**

**Ed Wessels Canoe Regatta**

23 miles C1 & C2 Am, C1 & C2 Pro

First start: 10:00 am

All Wessels races will start at the Otego boat launch. The boat launch is located about 1 mile east of the I-88 Otego exit, on the south side of the river.

Finish at Keith Clark Park

Checks payable to Sidney Chamber of Commerce  
PO Box 2295, Sidney, NY 13838.

Contact: Ed Curley 607-433-0333 or 607-563-1524  
or [Edward.curley@wellsfargoadvisors.com](mailto:Edward.curley@wellsfargoadvisors.com)

**Friday – Monday May 25-28**

**General Clinton Canoe Regatta**

Cooperstown to Bainbridge, NY.

5 – 70 miles Susquehanna River

Info, entry forms and results on website.

[www.canoeregatta.org](http://www.canoeregatta.org)

Classes: Racing, Stock, Standard, Stock Aluminum, and Recreational in open and masters.

Races for all levels from first timers to the Pro's  
Join us at the finish line in Bainbridge for great food, live entertainment, fireworks and much, much more.

Radio coverage on WCDO FM100.9/AM1490

Email: [mail@canoeregatta.org](mailto:mail@canoeregatta.org)

**Saturday June 1**

**Feeder Canal Canoe & Kayak Race**

Queensbury, NY

Distance: 5 mi.

Pre-register by mail or on line <http://feeder canal.org/>

or register on the day of the race beginning at 8 am.

Start time: 10:00

The race begins at the Feeder Dam, end of Richardson St. in Queensbury, NY and finishes at the Martindale Boat Basin in Hudson Falls for a total of just about 5 miles. It is a paddle in the Glens Falls Feeder Canal so it is flat water with just a little current going with the paddlers. We have a picnic and award ceremony after the race at Martindale Boat Basin.

**Saturday June 8**

**Wild Goose Chase Canoe/Kayak/Sup Race**

Location: Housatonic River in Lenox, MA (the Berkshires)

Distance: 5 & 9 miles

Registration starts at 9am

Start Time: 11am

Entry Fee: \$15 per person covers the races, prizes for all, lunch and a great time.

Contact: [pattyspector@gmail.com](mailto:pattyspector@gmail.com)

The Wild Goose Chase is a technical, narrow, suck water, shallow water and somewhat deep water race out and back 9 miles on the Housatonic River.

## **Saturday & Sunday June 8 & 9**

### **Madrid Canoe Regatta**

Many Classes. Register, start & finish at Madrid Community Park. Playground. T-shirts.  
Entry Fee: please visit the web site  
Rough camping is available for the weekend.  
Spaghetti dinner \$5 per plate on Saturday following awards.  
Contact: Bernie Moulton 315-322-4041  
[www.slvpaddlers.org](http://www.slvpaddlers.org)

## **Saturday June 8**

### ***NYMCRA Canoe Points Race***

1, 3 & 9 miles  
C1 Sprint  
Distance: 1 mile  
Registration: 9:00  
Start time: 10:30  
C1 Pro & 9 mile Amateur marathon  
(w/ 1 portage)  
Start Time: 11:30  
3 mile Rec race  
Start time: 11:45  
All NYMCRA Points classes

## **Sunday June 9**

### ***NYMCRA Kayak Points Race***

6, 13 & 16 miles  
Register: 8:00  
Start: 10:00  
Amateur marathon (13 miles w/ 1 portage)  
Pro (16 miles w/ 1 portage). Rec. 6 miles

## **Saturday June 15**

### **55th Annual Tiadaghton Elm Classic**

Location: Susquehanna River, McElhattan, PA  
Distance: 5 miles  
Registration Time: 9:30 a.m.  
Start Time: 11 a.m.  
Entry Fee: \$25 preregistration, \$30 day of race, \$20 for second race  
Contact Information: Amy Rankinen,  
[amy.rankinen@gmail.com](mailto:amy.rankinen@gmail.com), 570-660-5085  
Canoe, Kayak & SUP Races  
Events Includes racing and cash-prize professional C1, C2 and K1 events. Registration form and more details at [lhnationals.com](http://lhnationals.com). Note: The Loyalsock Flatwater Challenge will be held on the following day, Sunday, June 16, 2019. Contact Ron Kaiser, [rkayak63@aol.com](mailto:rkayak63@aol.com), for details.

## **Thursday June 20**

## **Donald Patneaude Memorial Towpath Regatta**

4.5 miles  
Location: Gateway Landing Park, Schenectady, NY, adjacent to Schenectady Community College to Aqueduct Park, Niskayuna  
Registration: 5:30 pm Start: 6:30  
Entry fee: Free  
Contact: Geoff Moore [gmoore03@nycap.rr.com](mailto:gmoore03@nycap.rr.com)  
The Towpath Regatta is a free family fun event sponsored by Schenectady Wintersports Club and Northern New York Paddlers. It is a one-way paddling event open to all types of human-powered boats.

## **Saturday June 29**

### ***Tupper Lake 8 Miler NYMCRA Canoe & Kayak Points Race***

Location: Simon Pond and Raquette River, near Tupper Lake, New York  
Distance: 8 miles  
Registration Time: 9:00-10:45 AM  
Start Time: 11 AM  
Entry Fee: \$30  
Contact: Roger Gocking [rgocking@roadrunner.com](mailto:rgocking@roadrunner.com)  
This race begins and ends at the Tupper Lake Boat Launch on Simon Pond and goes up the Raquette River to the Oxbow and returns to the start. There will be a sprint section at the end. This race is in sheltered water.

## **Sunday, June 30**

### **Celebrate Paddling Invitational**

Saranac Lake, NY  
Contact: Brian McDonnell 518-891-2744  
[adironack90miler@gmail.com](mailto:adironack90miler@gmail.com)  
Location: Saranac Lake, NY  
Distance: 1, 3, 12 miles  
Registration Time: 9:00  
Start Time: 10:00 & 11:00 AM  
Entry Fee: \$25  
Organized by the Adirondack Watershed Alliance. Canoe, Kayak, Guide Boat and SUP paddling races for all abilities - Youth, Novice and Marathon. Start and Finish on Lake Flower.  
**Consider this your invitation!**

## **Saturday July 6**

### **Armond Bassett Canoe and Kayak Race**

### ***NYMCRA Canoe & Kayak Points Races***

Genesee Waterways Center  
149 Elmwood Ave, Rochester, NY 14611  
6 Mile C-1 Pro Race with cash prizes Starts at 9:30  
10 Mile Marathon Race, 3 Mile Fun Race  
Registration: 8:30 am  
First Start: 11:00  
Entry Fee: \$25.00 per paddler/C1 Pro \$40  
Guide Boats, C4, all canoes and kayaks welcome!!!  
Contact: Kevin Berl (585) 733-4043  
[K\\_Berl@msn.com](mailto:K_Berl@msn.com)  
Tim Henning (585) 738-8410  
[THenning3@rochester.rr.com](mailto:THenning3@rochester.rr.com)

### **Saturday, July 6, 2019**

#### **8th Annual Keystone Challenge**

Location: Pine Creek, Jersey Shore, PA (In case of low water on Pine Creek, race will be run on the Susquehanna River.)  
Distance: 25 miles for marathon events and 4 miles for youth and SUP classes  
Registration Time: 9:30 a.m.  
Start Time: 11 a.m.  
Entry Fee: \$25 preregistration, \$30 day of race  
Contact Information: Amy Rankinen, [amy.rankinen@gmail.com](mailto:amy.rankinen@gmail.com), 570-660-5085  
Brief description or other pertinent information:  
Canoe, Kayak & SUP Races  
Includes both recreational and racing C1, C2, C4, SUP and Kayak events. Registration form and more details at [lhnationals.com](http://lhnationals.com).

### **Saturday July 13**

#### **Electric City Regatta**

#### ***NYMCRA Canoe & Kayak Points Races***

Mohawk River/Erie Canal Lock 9  
Rotterdam Junction, NY  
12 mi. marathon, 3 mi. rec., 1 mi. fun race  
All NYMCRA classes including C4 and SUP  
Registration 8:30  
First start 10:00  
Entry fee: \$25, NNYP & NYMCRA members \$20  
Post-race potluck picnic. Bring a dish to share or pay \$5 to eat.  
Contact: Ed 518-421-2947 or Kim Greiner 518-421-2939 or [eleccityrace@yahoo.com](mailto:eleccityrace@yahoo.com)  
[www.eleccityrace.org](http://www.eleccityrace.org)

### **Sunday July 14**

#### **Barge Chaser Canoe and Kayak Race**

### ***NYMCRA Canoe & Kayak Points Races***

Kiwanis Park, Rt. 5S, Rotterdam, NY  
(between Schenectady and Amsterdam)  
Distance: 3 miles and 10 miles on the Mohawk River  
(between Lock 8 and Lock 9)  
Registration: 9 am First Start: 10 am.  
All NYMCRA classes plus Recreation  
Entry fee: \$15 /adult and \$5/youth Picnic will follow bring a dish to share or pay \$5(\$10 max per family)  
Contact: Linda and Bob Cooley 518-393-9201  
[cooleylinda9@gmail.com](mailto:cooleylinda9@gmail.com)  
Free primitive camping available Saturday night (after Electric City Race and before this race) on private land adjoining Lock 8 and Maalywyck Park.

### **Sunday, July 14, 2019**

#### **Lake Race at Bald Eagle State Park**

Canoe, Kayak & SUP Races  
Location: Howard, PA  
Distance: 6 miles for marathon events and 2 miles for youth and SUP classes  
Registration Time: 9:30 a.m.  
Start Time: 11 a.m.  
Entry Fee: \$25 preregistration, \$30 day of race  
Contact: Amy Rankinen, [amy.rankinen@gmail.com](mailto:amy.rankinen@gmail.com), 570-660-5085  
Includes both recreational and racing C1, C2, C4, SUP and Kayak events. Registration form and more details at [lhnationals.com](http://lhnationals.com).

### **Saturday-Sunday July 20- 21**

#### **Spike's Challenge**

Grayling, Michigan  
Contact: John Lucey [jclucey46@gmail.com](mailto:jclucey46@gmail.com)  
[www.miracing.com](http://www.miracing.com)

### **Saturday-Sunday July 27-28**

#### **AuSable River Canoe Marathon**

Grayling, Michigan  
[www.miracing.com](http://www.miracing.com)  
[www.ausablecanoemarathon.org](http://www.ausablecanoemarathon.org)

### **Sunday July 28**

#### **BluMouLA-BuFuRa,**

#### ***NYMCRA Kayak Points Race***

The Blue Mountain Lake Association's Buoy Funding Race  
Location: Town Beach Blue Mountain Lake, NY  
Distances: 14, 7 and 1.5 miles  
Registration Time: 8:30 AM to 10:00 AM

Captains' Meeting 10:00 AM  
Start Time: 10:30 AM  
Entry Fee: \$30 for adults, \$15 for 17 and under  
Contact: Andy Coney, [AndyConey@PObox.com](mailto:AndyConey@PObox.com).  
Open to Canoes and Kayaks per NYMCRA Classes & Specs, plus Stand Up Paddleboards, Guideboats and Shells are welcome.

BluMouLA-BuFuRa, the Prettiest Darn Race in America, crosses sparkling clean water through broad bays and narrow channels ringed by spectacular scenery. With three race distances there's something for everyone. See our website: [www.BMLBuoyRace.com](http://www.BMLBuoyRace.com) or watch the video of last year's start: <https://vimeo.com/286588451>

### **Thursday – Sunday August 8 - 11**

#### **USCA Canoe & Kayak Nationals**

Warren, PA

Thursday, August 8th: Youth Sprints, Adult/Youth Sprints, Sprint Championships for Paddlers with Physical Disabilities, Youth Marathon

Friday, August 9th: Adult Marathon, Junior Marathon, Pasta Dinner, USCA Semi-Annual Meeting

Saturday, August 10th: Adult Marathon, Junior Marathon

Sunday, August 11th: Adult Marathon, Junior Marathon

For more information please contact the race director, Jim Decker: [jdecker@wccbi.org](mailto:jdecker@wccbi.org)  
The 2019 edition of this premier race event is being hosted by the Warren County Chamber of Business and Industry (WCCBI). This will be the 6th time Warren has played host to the USCA Nationals since 2003. The marathon races will be held on the Allegheny River.

### **Saturday August 17**

#### **Wells Bridge Canoe and Kayak Races**

Wells Bridge, NY

Distance: 9 miles - all NYMCRA classes,  
6 miles - additional afternoon C1 race for those people who have already paddled C2 9 miler in the morning.

Short, about 1 mile, youth races.

Registration Time: 8:30-9:30AM

Start time: 9-miler - 10:00 am

6-mile additional C1 challenge - 1:00 pm

Youth sprints will be held between the morning and afternoon races.

Entry fee: \$20 for 9-miler, additional \$5 to do the 6-mile C1 race too. Youth races are free.

All races start and finish in Wells Bridge. Loop course on the Susquehanna starting upstream and finishing downstream.

Contact: Phoebe Reese [pwfreese@gmail.com](mailto:pwfreese@gmail.com)

### **Saturday August 31**

#### **Remington II**

Location: West Front Street, Rensselaer Falls, NY

Classes: any canoe, kayak, single, tandem, group, gender class

Distance: 6 miles

Registration: 9 am

For more information please visit the web site at

<https://www.slypaddlers.org/remington-ii>

Start time: 10 am

Entry Fee: please visit the web site

Contact: Allen Kelly [marydairy80@gmail.com](mailto:marydairy80@gmail.com)

Starting in Rensselaer Falls and ending above the dam in Heuvelton, NY.

### **Friday - Sunday September 6, 7 & 8**

#### **Adirondack Canoe Classic**

Location: Old Forge to Saranac Lake

Distance: 90 miles

Entry deadline is July 20, 2019

Start Time: 8:00 AM

Entry Fee: \$175pp

Contact: Brian McDonnell 518-891-2744

[adirondack90miler@gmail.com](mailto:adirondack90miler@gmail.com)

Organized by the Adirondack Watershed Alliance. Entry forms go in mail mid June. Race limited to 250 boats. Entry deadline July 20. Race check in Thursday in Old Forge from 4 - 10PM and Friday from 6 AM to 7:30 AM. Scenic paddle through the Adirondack Forest Preserve.

### **Sunday September 15**

#### **43rd Annual Josh Billings Triathlon**

Location: Great Barrington to Lenox, Ma. The Berkshires.

Distance: Bike 27 miles, Canoe/Kayak/SUP 5 miles, Run 6 miles

See [www.joshbillings.com](http://www.joshbillings.com) for all details

## **Saturday September 22**

### **Long Lake Long Boat Regatta**

#### ***NYMCRA Kayak Points Race***

Location: Long Lake, NY across from the Adirondack Hotel

Distance: 10 miles

Registration Time: 9:30

Start Time: 11 AM

Entry Fee: \$25pp

Contact: Brian McDonnell 518-891-2744  
adirondack90miler@gmail.com

Organized by the Adirondack Watershed Alliance. Figure-8 course - North American Voyageur Canoe Championships, C-4 Co-ed College Cup, Adirondack Kayak Championship, All NYMCRA race classes and Anything Goes Category.

## **Sunday September 28**

### **Seneca Monster**

Location: River Park Commons 1310 Waterloo-Geneva Road, Waterloo, NY.

Distance: 13 miles

Registration Time: On-site 9AM-10AM. Advanced registration coming soon.

[www.senecamonster.com](http://www.senecamonster.com)

Paddler's meeting 10:30AM. First start at 11AM

Entry Fee: \$25

Contact: Jeff -- [j.l.hogue@gmail.com](mailto:j.l.hogue@gmail.com)

Most standard NYMCRA classes

Course Type: Open water and flat water. NOTE: Includes 4 miles across the sometimes formidable Seneca Lake.

## **Saturday, October 5**

### **Race on Bald Eagle Creek**

Location: Mill Hall, PA

Distance: 6 miles for marathon events and 2 miles for youth and SUP classes

Registration Time: 9:30 a.m.

Start Time: 11 a.m.

Entry Fee: \$25 preregistration, \$30 day of race

Contact Information: Amy Rankinen,  
[amy.rankinen@gmail.com](mailto:amy.rankinen@gmail.com), 570-660-5085

Brief description or other pertinent information:

Canoe, Kayak & SUP Races. Includes both recreational and racing C1, C2, C4, SUP, War Canoe and Kayak events. Registration form and more details at [lhnationals.com](http://lhnationals.com).

## **Saturday October 12**

### **PACK Fall Foliage Race and PACK Points Series Award Presentation**

Location: Lock Haven, PA

Distance: 7 miles for marathon events and 2.5 miles for youth and SUP classes

Registration Time: 9:30 a.m.

Start Time: 11 a.m.

Entry Fee: \$25 preregistration, \$30 day of race

Contact Information: Amy Rankinen,  
[amy.rankinen@gmail.com](mailto:amy.rankinen@gmail.com), 570-660-5085

Brief description or other pertinent information:

Canoe, Kayak & SUP Races. Includes both recreational and racing C1, C2, C4, SUP and Kayak events. PACK Points Series Award Presentation at Restless Oaks Restaurant, 1:30 p.m. Registration form and more details at [lhnationals.com](http://lhnationals.com).

## **Sunday October 13**

### **Onondaga Cup & Lake Fest**

#### **NYS Championship Race**

#### ***NYMCRA Canoe & Kayak Points Races***

Location: Onondaga Park, Liverpool, NY.

Keep an eye on the NYMCRA website

[www.nymcra.org](http://www.nymcra.org) and facebook page for more information.

**NYMCRA Banquet and Annual Meeting to follow.**